

NEROC Annual Meeting Agenda

Location: TPC Highlands Cromwell CT

October 30-31, 2026

THEME: Advancing Osteopathic Medicine Together: Clinical Excellence,
Connection, and Momentum Across the Northeast



FRIDAY	Presentation	Presenter	CME
10:00-1:00pm	Exhibitor Setup		
	Registration, Exhibitor Hall & Welcome Lounge Open		
12:00-1:30pm	Working Lunch		
	International Medicine	Hiren Patel, DO	1.5
1:30-2:00pm	Mental Health in Primary Care	TBC	0.5
2:00-2:30pm	Lumps and Bumps of the Head and Neck: Watch, Work Up or Whack Out	Akshay V. Patel, DO, MA	0.5
2:30-3:00pm	Cancer Screening Updates	Dr. Bhatt	0.5
3:00-3:30pm	Peptide Primer for the Physician	M. David Dick, DO, MS	0.5
3:30-4:00pm	Dedicated Exhibit Hours		
4:00 – 4:45pm	Working Title: Heart Failure	Richard Soucier, MD	0.75
4:45-5:30pm	Working Title: Heart Failure	Donald Soucier, DO	0.75
5:30-7:30pm	Welcome Networking Reception		
	Poster Showcase & Interactive Research Walkthroughs		1.5
	Dedicated Exhibit Time		
7:30pm	Program Concludes for the Day		
CME HOURS			6.5

SATURDAY	Presentation	Presenter	CME
7:00-7:30am	Breakfast with Exhibitors		
7:30-8:00am	Neurosurgery 101 for the PCP	Hiren Patel, DO	0.5
8:00-8:30am		David Spirro, DO	0.5
8:30-9:00am	Stocks, Options Trading, Retirement and Investments Strategies...A Physician's Guide to Understanding our Blind Spot	Hiren Patel, DO	0.5
9:00-9:30am			0.5
9:30-10:00am			0.5
10:00-10:30am			0.5
10:30-11:00am	Dedicated Exhibit Hours		
11:00-11:30am	Well Differentiated Thyroid Cancer and ATA 2025 Updates	Charles K. Heller, III, DO, MS	0.5
11:30-12:00pm	Statin Isn't the Finish Line: Next Steps in Managing Hyperlipidemia	Stephanie Saucier, MD, FACC	0.5
12:00-12:30pm	Lunch Sponsored by Novo Nordisk		
12:30-1:00pm			
1:00-1:30pm	Opioid and Pain Management for Licensing/DEA Renewal	Andrew Rizzo, DO	0.5
1:30-2:00pm			0.5
2:00-2:30pm			0.5
2:30-3:00pm			0.5
3:00-3:30pm	Dedicated Exhibit Hours		
3:30-4:00pm	OMT Skills Lab	Tricia Hall, DO	0.5
4:00-4:30pm		Dennis Burke, DO	0.5
4:30-5:00pm		Pamela Grimaldi, DO	0.5
5:00pm	Program Concludes for the Day		
CME HOURS			7.5
TOTAL CME HOURS			14